



Price List

Initial Consultation/Assessment (45 mins): \$135

Subsequent Sessions (Standard Sessions are 45 min):

	Single	5 pack	10 pack	Direct debit
30 mins	\$90	\$425 (\$85 ea)	\$800 (\$80 ea)	\$80 ea
45 mins	\$115	\$550 (\$110 ea)	\$1050 (\$105 ea)	\$105 ea
60 mins	\$140	\$675 (\$135 ea)	\$1275 (\$130 ea)	\$130 ea
Group 1 on 2*	\$75	\$350 (\$70 ea)	\$670 (\$67 ea)	\$67 ea

**price per person, shared 45 min sessions*

Telehealth (online sessions): All session types can also be conducted via telehealth. Pricing remains the same.

Private Health Fund Rebates:

- Item codes are 102 (initial consultation) and 202 (subsequent sessions)
- Private health fund rebates vary according to your health fund and level of cover.
- On the spot rebates are available
- When purchasing a package payment will need to be made upfront and following the completion of your package, we will generate an itemised invoice for you to claim your rebate directly with your private health fund.

GP Care Plans (CDM): Full payment for your session is required on the day. Medicare rebates will be processed on the spot provided we have your referral letter and Medicare Card.

TAC and Worksafe (45 min): \$10 gap payment (unless concession). TAC/Worksafe will be invoiced the remainder of the fees. Cancellations made with less than 24 hours notice will incur a \$60 fee.

DVA (30 min): DVA will be invoiced directly by us. Please give at least 24 hours notice if you cannot make any appointments.

NDIS: 60 min: \$166.99, **45 min:** \$125.24

Cancellation Policy: *While there may be a variety of reasons why clients may not be able to keep their appointments, the operating costs of the practice do not change. As a professional courtesy, there will be no charge on sessions that are given 24 hours cancellation notice. All sessions that receive less than 24 hours cancellation notice will be charged full price.*

NB:

- All prices include GST
- Session fee includes individualised gym- or home-based programs for independent training
- All sessions are to be paid for in advance or on the day.
- Sessions expire 6-months from purchase, with exemption of special circumstances.



Payment Options and Details

Payment Options:

- Payments are preferably made on the day via debit/credit card or cash.
- Direct debit plans are available for ongoing sessions
- Direct deposit (online transfer) payments can be made for telehealth sessions.

Direct Debit (DD) Details:

- Direct debit is only for regular ongoing training/sessions
- Payments are debited from your bank account fortnightly
- **Minimum purchase of 10 sessions**
- Option of 1-3 sessions per week
- Payments can be stopped at any time, no lock in contracts (following the minimum 10 sessions).
- If you cancel/reschedule a session with adequate notice (24 hours) you will still have the session available. Please remind your EP you are on a DD plan.
- If you take breaks from training (holidays, travel etc) let us know in advance and payments will be paused.
- Credit cards not accepted.

If you are interested in this automatic payment option, please let your exercise physiologist know via email or in person. All we need from you are the name on your account and your BSB and account number.

Direct Deposit Details (Telehealth only):

Name: Optimal Health EP
BSB: 083004
Account no: 254689231

- In the transaction description please write your first initial and your last name e.g. K Smith. We will determine which package you are purchasing through the deposited amount.
- You will receive a payment confirmation receipt within a week.